

OTTER TRAIL GUIDE

TIDES MAY 2025

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0702	1748	0614	1834	1215	----
2	0703	1747	0659	1921	0032	1258
3	0704	1746	0751	2024	0128	1347
4	0704	1745	0909	2228	0257	1501
5	0705	1744	1108	----	0522	1718
6	0706	1743	0002	1225	0631	1832
7	0707	1742	0055	1315	0715	1915
8	0707	1741	0134	1355	0749	1949
9	0708	1740	0207	1430	0818	2019
10	0709	1740	0238	1502	0846	2048
11	0710	1739	0307	1533	0914	2117
12	0710	1738	0336	1603	0943	2146
13	0711	1737	0406	1632	1011	2216
14	0712	1736	0435	1701	1040	2247
15	0713	1735	0506	1731	1110	2320
16	0714	1735	0538	1804	1142	2356
17	0715	1734	0614	1841	1218	----
18	0716	1733	0656	1930	0040	1300
19	0716	1733	0750	2040	0136	1355
20	0717	1732	0903	2218	0253	1510
21	0718	1731	1039	2340	0437	1656
22	0719	1731	1204	----	0559	1815
23	0719	1730	0040	1307	0658	1909
24	0720	1730	0130	1359	0747	1956
25	0721	1729	0218	1448	0832	2041
26	0722	1729	0305	1534	0916	2126
27	0722	1728	0351	1619	0959	2211
28	0723	1728	0437	1703	1042	2258
29	0723	1727	0523	1746	1125	2345
30	0724	1727	0607	1830	1206	----
31	0724	1727	0652	1916	0034	1248

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

